




## Course Schedule: FALL 2017

September	October	November	December
<b>All FNB certification courses require successful completion of the FNB Exercise Theory.</b>			
	<p>You are invited to attend the <b><u>23<sup>rd</sup> Annual FNB Personal Training &amp; Fitness Summit</u></b></p> <p>“THE FUTURE OF FITNESS”</p>  <p>Featuring Krista Popowych</p> <p>October 13<sup>th</sup> &amp; 14<sup>th</sup>, 2017 Fredericton, NB</p>	<p><b><u>Resistance Training Leader (RTL)</u></b></p> <p>Fredericton: Nov 3, 4 &amp; 5 (Jason Rudy)</p>	
		<p><b><u>Group Fitness Leader (CFL)</u></b></p> <p>Cambridge Narrows Nov 17, 18, 19 (Jenny Hendy)</p>	
		<p><b><u>Indoor Cycling (ICFL)</u></b></p> <p>Saint John, NB: Nov 18 &amp; 19 (Maureen O’Hara)</p>	
<p><b><u>Exercise Theory (ET)</u></b> Fredericton, NB Sept. 29, 30 &amp; Oct 1 (Wendy Hamelin)</p>		<p><b><u>Personal Fitness Training (PFT)</u></b> Pre-Requisite: RTL certification Fredericton - Two Weekends Weekend One: <b>Postponed to January, 2018</b> (Jason Rudy)</p>	<p><b><u>Personal Fitness Training (PFT)</u></b> Pre-Requisite: RTL certification Fredericton - Two Weekends Weekend Two: <b>Postponed to January 2018</b> (Jason Rudy)</p>
<p><b><u>Exercise Theory (ET)</u></b> Charlottetown, PEI Sept. 29, 30 &amp; Oct 1 (Angelie Carter) <b>Postponed</b></p>		<p><b><u>Yoga Fitness Leader (YFL)</u></b> Fredericton - Two Weekends Weekend One: Nov 17, 18, 19 (Wendy Hamelin)</p>	<p><b><u>Yoga Fitness Leader (YFL)</u></b> Fredericton - Two Weekends Weekend Two: Dec 1, 2 &amp; 3 (Wendy Hamelin)</p>
<p><b>For more specific information visit <a href="#">FNB courses</a></b></p> <p>Is there a course you would like to take that is not listed?</p> <p>Let us know.....Contact our office: 1 (506) 453-1094 or email: <a href="mailto:membershipservices@fitnessnb.ca">membershipservices@fitnessnb.ca</a></p>			