




September	October	November	December
All FNB certification courses require successful completion of the FNB Exercise Theory.			
	<p>You are invited to attend the <u>23rd Annual FNB Personal Training & Fitness Summit</u></p> <p>“THE FUTURE OF FITNESS”</p>  <p>Featuring Krista Popowych</p> <p>October 13th & 14th, 2017 Fredericton, NB</p>	<p><u>Resistance Training Leader (RTL)</u></p> <p>Fredericton: Nov 3, 4 & 5 (Jason Rudy)</p>	
		<p><u>Group Fitness Leader (CFL)</u></p> <p>Cambridge Narrows Nov 17, 18, 19 (Jenny Hendy)</p>	
		<p><u>Indoor Cycling (ICFL)</u></p> <p>Saint John, NB: Nov 18 & 19 (Maureen O'Hara)</p>	
<p><u>Exercise Theory (ET)</u> Fredericton, NB Sept. 29, 30 & Oct 1 (Wendy Hamelin)</p>		<p><u>Personal Fitness Training (PFT)</u> Pre-Requisite: RTL certification Fredericton - Two Weekends Weekend One: Nov 17, 18, 19 (Jason Rudy)</p>	<p><u>Personal Fitness Training (PFT)</u> Pre-Requisite: RTL certification Fredericton - Two Weekends Weekend Two: Dec 1, 2 & 3 (Jason Rudy)</p>
<p><u>Exercise Theory (ET)</u> Charlottetown, PEI Sept. 29, 30 & Oct 1 (Angelie Carter) Postponed</p>		<p><u>Yoga Fitness Leader (YFL)</u> Fredericton - Two Weekends Weekend One: Nov 17, 18, 19 (Wendy Hamelin)</p>	<p><u>Yoga Fitness Leader (YFL)</u> Fredericton - Two Weekends Weekend Two: Dec 1, 2 & 3 (Wendy Hamelin)</p>
<p>For more specific information visit FNB courses</p> <p>Is there a course you would like to take that is not listed?</p> <p>Let us know.....Contact our office: 1 (506) 453-1094 or email: membershipservices@fitnessnb.ca</p>			