




September	October	November	December
<b>All FNB certification courses require successful completion of the FNB Exercise Theory.</b>			
	<p>You are invited to attend the <b><u>23<sup>rd</sup> Annual FNB Personal Training &amp; Fitness Summit</u></b></p> <p><b>“THE FUTURE OF FITNESS”</b></p>	<p><b>Resistance Training Leader (RTL)</b> <u>Fredericton</u> Nov 3, 4 &amp; 5 (Jason Rudy)</p>	
		<p><b>Indoor Cycling (ICFL)</b> <u>Saint John, NB</u> Nov 18 &amp; 19 (Maureen O'Hara)</p>	
<p><b>Exercise Theory (ET)</b> <u>Fredericton, NB</u> Sept. 29, 30 &amp; Oct 1 (Wendy Hamelin)</p>		<p><b>Personal Fitness Training (PFT)</b> Pre-Requisite: RTL certification <u>Fredericton - Two Weekends</u> Weekend One: Nov 17, 18, 19 (Jason Rudy)</p>	<p><b>Personal Fitness Training (PFT)</b> Pre-Requisite: RTL certification <u>Fredericton - Two Weekends</u> Weekend Two: Dec 1, 2 &amp; 3 (Jason Rudy)</p>
<p><b>Exercise Theory (ET)</b> <u>Charlottetown, PEI</u> Sept. 29, 30 &amp; Oct 1 (Angelie Carter)</p>	<p><b>Featuring Krista Popowych</b></p> <p><b>October 13<sup>th</sup> &amp; 14<sup>th</sup>, 2017</b> <b>Fredericton, NB</b></p>	<p><b>Yoga Fitness Leader (YFL)</b> <u>Fredericton - Two Weekends</u> Weekend One: Nov 17, 18, 19 (Wendy Hamelin)</p>	<p><b>Yoga Fitness Leader (YFL)</b> <u>Fredericton - Two Weekends</u> Weekend Two: Dec 1, 2 &amp; 3 (Wendy Hamelin)</p>
<p><b>For more specific information visit <a href="#">FNB courses</a></b></p> <p><b>Is there a course you would like to take that is not listed?</b></p> <p><b>Let us know.....Contact our office: 1 (506) 453-1094 or email: <a href="mailto:membershipservices@fitnessnb.ca">membershipservices@fitnessnb.ca</a></b></p>			