

FITNESS NB POLICIES AND PROCEDURES CERTIFICATIONS

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Policy #: 25001C **Requests to Waive Practical Evaluations**

Amended and Approved by Board: January 18, 2016

Rationale: The FNB certifications are built on the foundation of the NFLA standards of quality exercise leadership. Evaluations are one of the tools used to verify that a leader is maintaining this standard, which includes following the specialty scope of practice and adapting their workouts to keep up with current industry standards.

Some Individuals who have been active in the fitness/exercise field for many years have acquired invaluable experience and continue to apply newly acquired knowledge to keep their exercises and workouts up to date. With this in mind FNB will accept requests to waive the practical evaluation re-certification component and replace it with 5 practical based continuing education credits.

Policy: Specialty Exercise Leaders who have been practicing for a minimum of 7 years and have completed three evaluations (excluding the initial certification evaluation) in a designated specialty will be eligible to request for consideration that subsequent evaluations in that specialty be waived and replaced with 5 practical based (physical participation) continuing education credits. The procedure to request is as follows

- The exercise leader will make a formal written request for consideration to the FNB membership services coordinator.
- The request for consideration can be for an upcoming third evaluation or based on a past third or higher evaluation.
- The evaluator of the evaluation will include a letter of recommendation on behalf of the leader.
- The recommendation will be considered by the FNB Executive Director and submitted to the FNB board of directors for approval.
- If successful the Leader will be required to submit an additional 5 practical based (in person physical participation) CECs
- All other re-certification requirements are required to be maintained as outlined in **Policy 96001C: Re-Certification Requirements**
- The Leader may choose to have an evaluation done occasionally and if so this evaluation can replace the 5 practical based CECs.
- The 5 CECs will be applicable for the first specialty designation and will not be accumulative for additional waived specialty designations.

Note: If the Leader's certification has lapsed and they are reinstated according to **Policy 94001C Lapsed Certifications**. That leader may be required to perform subsequent practical evaluations based on recommendations from the evaluator submitted to the FNB executive director and to the FNB Board of directors for approval.

Effective Date: January 18, 2016