

FITNESS NB POLICIES AND PROCEDURES CERTIFICATION

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Policy #: 28003C **Basic Fitness Theory Expiry**

Updated and approved by Board: **June 17, 2014**

Rationale: Individuals who have completed the Fitness Theory Course or have successfully challenged the exam may choose not to immediately continue on to one of the Specialty Certification Courses.

Policy: Once an individual has successfully completed the 80% exam requirements for the Fitness Theory Course, a certificate will be issued with an expiry date of two years. This will give the individual the opportunity to move on to a Specialty Certification Course within two years of the completion of the FT.

After two years, if the individual has not completed a Specialty Certification Course, they must re-write the Fitness Theory Exam (with a pass mark of 80%) prior to enrolling in a Specialty Certification Course. If they do not pass the FT Exam on the first attempt, they will be required to enrol in the Fitness Theory Course.

Effective Date: **June 17, 2014**